

Position Statement: The prescribing of Naltrexone is not supported

Castle Point and Rochford and Southend Clinical Commissioning Groups do not support the prescribing of Naltrexone in adults or children for the management of compulsive gambling .

The prescribing of Naltrexone 50mg tablets (Adepend® ,Nalorex ®) for the management of compulsive gambling is not supported by Castle Point & Rochford and Southend Clinical Commissioning Groups.

In 2017, the NHS National Problem Gambling Clinic in London ran a trial in which they prescribed naltrexone for the first time to problem gamblers. Only a small cohort of five patients were used and no statistical data has been published therefore the reliability and validity of the trial is questionable.

Furthermore, the results of the trial have not been peer reviewed.

Naltrexone is currently licensed for use as an additional therapy within a comprehensive treatment program including psychological guidance for detoxified patients who have been opioid-dependent and alcohol dependent to support abstinence.

Providers commissioned to provide services on behalf of Castle Point and Rochford and Southend CCGs are reminded that they are required to follow the Castle Point and Rochford and Southend CCGs formulary and prescribing guidance as detailed in their contract (Medicines Management Service Specification).

Please refer to Castle Point & Rochford and Southend CCG websites Medicines Management section for all prescribing guidance and formulary chapters

Approved for use in Castle Point & Rochford and Southend CCGs	Drugs and Therapeutics Committee 5 th September 2018.
Title	Prescribing of Naloxone for compulsive gambling