

Blood Glucose Test Strips Quick Reference Guide (QRG)

This guidance has been produced to ensure cost effective test strips are used wherever possible.

The 5 meters highlighted in green have been agreed by the adult specialist diabetic services within SEPT and SUHFT and CCG GP prescribing leads as the local formulary options for most **adult** diabetics.

The only exceptions are

- patients with insulin pumps, These patients use Contour next link BGTS
- patients who have completed a DAFNE course and opted to have meters set up by their health care professional to support their insulin dose adjustment (type 1s only). These patients use Aviva BGTS
- partially sighted patients who would have CareSens N Test Strips (CareSens N Voice Meter)

Not all patients using Aviva or Contour next link have these exceptions.

Patients with Type 1 diabetes will need, on occasion, to test for ketones. This guideline only covers Blood Glucose test strips.

As a general rule of thumb patients using insulin will need to test as often as they inject their insulin. See CCG guideline for *Diabetes in pregnancy* for specific needs in this population

This guide also gives the manufacturers lancets suitable for each meter.

Please review all adult patients with diabetes using higher cost strips with a view to switching to a meter with one of these cost effective strips. There is a search on Systmone in *clinical reporting, South East Essex PCT (Trust Group), prescribing and meds management for GPs, PIS*. This identifies all your patients with higher cost strips on their repeat templates. We would advise that patients should be shown how to use the meter before being switched. This could be done by in several ways including during a diabetic review, or by holding an event in the surgery where patients can come and try. The companies supplying the meters in green will all offer this service if you require it.

Do not switch patients from one cost effective strip to another without a clinical reason for the change, and if the patient is currently being seen by the diabetes service please liaise with them before switching.

Product name	Contact	cost 50 strips	Comments	Lancets	Pack Size	Cost Per 100
Accu Check Performa Nano	Rukshana Sultana Email: rukshana.sultana@roche.com Contact number is 07540144561 01444 256000	£9.95	Cannot delete results – 18mth shelf life	Fastclix – no sharps bins required	204	£5.90
Contour Black	Helen Moore Mobile: 07774121307 E-mail: helen.moore@ascensia.com Head Office: 01635566331	£9.95	Cannot delete results	Microlet	100 and 200	£3.90 £3.72
Contour TS	As above	£9.50	Not sufficient memory for driving			
Element	Oliver Cook, Neon Diagnostics Mobile: +44 7800 644 468 Tel Office: +44 1376 500 720 Website: www.neondiagnosics.co.uk	£9.89		Greenlan lancet 0.35mm /28G	100 and 200	£3.00
Glucomen Areo	Mori Sadiq Mobile Phone: 07885556776 Email: msadiq@menarinidiag.com	£9.95	Cannot delete results	Glucobject lancets PLUS	100 and 200	£3.77 £5.50
Glucomen GM (Reagent)_Strips	As above	£9.95				
Glucorx (Original)_Strips	Lewis Bailey, Glucorx LTD lewis@glucorx.co.uk Tel: +44 (0) 1483-755 133 Mobile: +44 (0) 7880031031	£5.45	Cannot delete results	Glucorx lancet 0.3 / 30G	200	£2.75
Glucorx Nexus (Reagent)_Strips	As above	£9.95	Cannot to delete results			

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To fit DVLA requirements, meters must have memory function with no delete facility. All meters listed comply with the new ISO 15197: 2013 regulations Information correct Sept 2017. Updated May 2018.

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Microdot+ (Reagent)_Strips	Samantha Griffiths, Cambridge Sensors Tel: 01480 482920 Mobile: 0777 571 7825 Samantha@cs-limited.co.uk	£9.49	Cannot delete results	Microdot 0.31mm/30G	100 and 200	£3.00
Mobile Cassette	Rukshana Sultana Email: rukshana.sultana@roche.com Contact number is 07540144561 01444 256000	9.99	Cannot delete results	Fastclix	204	£5.90
Mylife Pura	Joseph Wales, Ypsomed Ltd. 0844 856 7820 (Phone) 07584 237644 (Mobile) Joseph.wales@ypsomed.com	£9.50	Cannot delete results	Mylife lancet 0.3mm /30g	200	£2.75
My Life Unio	As above	£9.50				
Omnitest 3 (Reagent) Strips	Chris Ibbotson, B.Braun Medical Ltd Mob: 07772115893 chris.ibbotson@bbraun.com	£9.89		Omnican lance soft 0.3mm / 30G	200	£2.73
One Touch Select Plus	Sam Frazer Email: sfrazer@its.jnj.com Tel: 07976138629 Freephone Customer Care: 0800 121200	£9.99	Cannot delete results	One Touch Delica	200	£2.93
Palmdoc iCare Advanced (was iCare Advanced (Reagent)_Strips)	Jo Knighton Tel: 0800 9949995 Mobile: 07951 941319 Email: jo@icareadvanced.co.uk	£9.70	Cannot delete results	Palmdoc/iCare Advanced lancets	100	£2.85
SD Codefree	SD Biosensor	£6.99				
TEE2	Linda Craddock 07785619438 lindac@spirit-healthcare.co.uk Spirit Customer Services - 0800 881 5423 (24 hours, 7 days /week)	£7.75	Cannot delete data	CareSens N 30G lancets	100	£2.95
True you and True you mini, strips	Tasha Chiew : 07769882643 (mobile) Tasha.chiew@nipro-europe.com Customer Care line: 08000858808	£9.92	Cannot delete results. will dock straight into computer	Trueplus lancets 0.195/33G 0.32/30G 0.36/28G		£2.90
TRUEresult (Reagent) Strips	As above offering rebate which brings price under £10	£14.99	Cannot delete results			
VivaChek	Catherine Rees RGN JRBiomedical Ltd 01492 596692 Catherine.rees@jrbiomedical.com	£8.99	Hypo and high ketone alerts, 900 measurement memory	VivaCheck Lancets	100	£2.99
WaveSense JAZZ (Reagent) Strips	Agamatrix Europe – Sharon Fernando 01235 838639/ 07733 458927 sfernando@agamatrix.com	£8.74	6 mth open stability 1x50 or duopack 2x25	Agamatrix ultra thin 0.35mm/28G 0.2mm/33G	200	£2.72