



**NHS Southend Clinical Commissioning Group  
Governing Body Public Part 1  
27<sup>th</sup> March 2019**

**Agenda item 17**

**Dementia Update**

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**Status:** For Information

<b>Appendices to this report</b>	
<b>Appendix 1</b>	<ul style="list-style-type: none"><li>• Response to PM Challenge 2020 &amp; Post Diagnostic Support February 2019</li></ul>
<b>Associated Papers</b>	
<b>Papers previously considered by this CCG</b>	N/A
<b>CCG Policy Documents</b>	N/A
<b>External Documents</b>	N/A

## **Executive Summary**

### **1. Summary of the report**

- The purpose of this report is to provide information to update Governing Body of the progress of dementia projects and services across Southend, Castle Point and Rochford.
- In October 2018 the dementia diagnosis rate for Castle Point and Rochford reached the target of 66.7% and has maintained ever since. Southend has continued to exceed the target each month.
- The attached response to Prime Minister's challenge document (Appendix one) sets out our response to each commitment. Our response details the individual projects that are taking place around dementia. This is further summarised in the report below.

### **2. Recommendations (use as applicable)**

1. This report is for information only.

## 1. Introduction

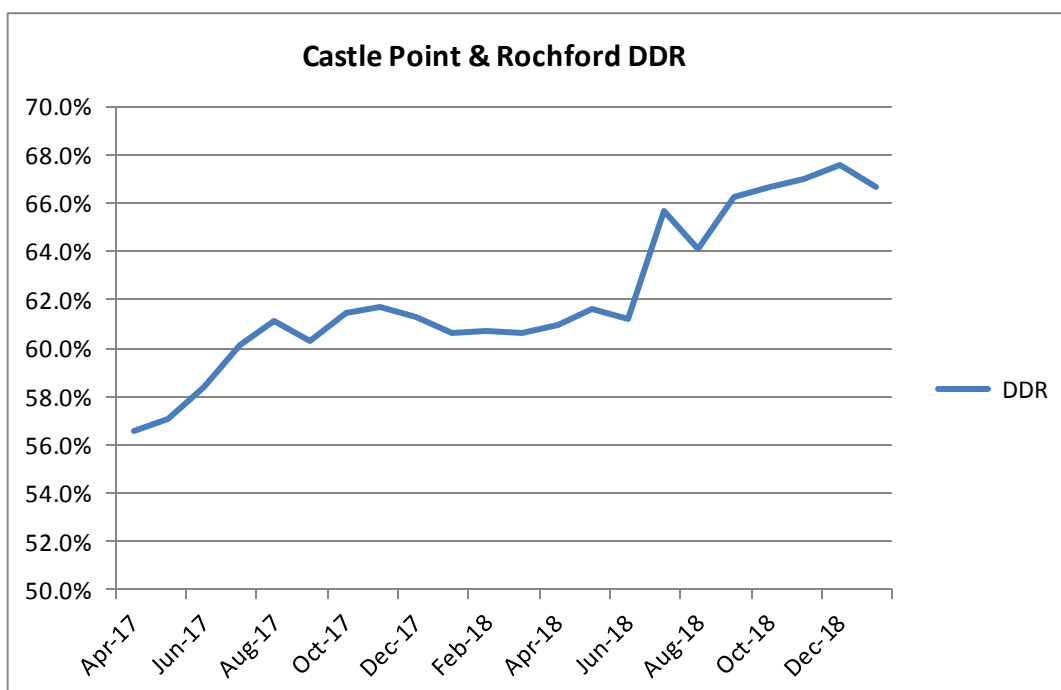
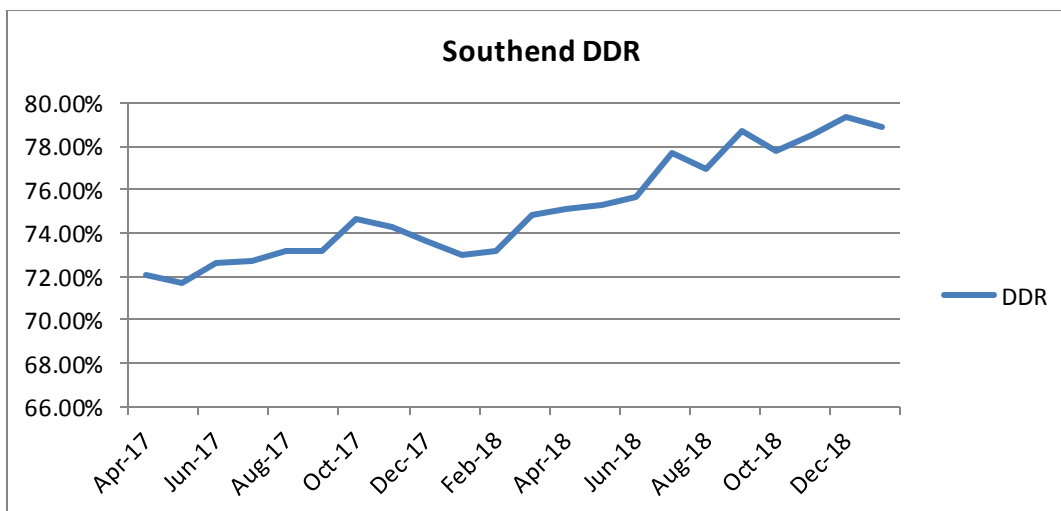
- 1.1 The purpose of this report is to inform Governing Body of the progress of dementia services and projects across Southend, Castle Point & Rochford.
- 1.2 The Prime Minister's Challenge 2020 sets out clear commitments that cover all aspects of dementia; risk, diagnosis, health and care support, workforce training, social action and research. This report reflects our response and progress to these commitments.
- 1.3 Changes in the pathway will enable the majority of the people with dementia to be diagnosed within 6 weeks from referral.

## 2. Report

- 2.1 PM 2020 Challenge Commitment to *reducing risk & improving public awareness* progress to date:
  - Dementia is now included in Health Checks as standard.
  - Locality awareness events taking place throughout South East Essex
  - Awareness raising events with seldom heard groups, including the Muslim, Chinese and Jewish Communities
  - Essex Dementia Day & Dementia Action Week events and activities throughout the localities and in Southend Hospital
- 2.2 PM 2020 Challenge Commitment to *Diagnosis, Health and Care Support* progress to date:
  - The South East Dementia Steering Group (DSG) oversees dementia for South East Essex taking a whole system approach. The group is chaired by the GP Clinical Lead for Dementia Dr Sunil Gupta.
  - Membership includes health, social care, voluntary sector staff and clinical leads for Southend and Castle Point and Rochford (CPR) CCG. The Dementia lead for both Southend and CPR is positioned in the Integrated Commissioning Team.
  - An Integrated Care Plan template is being worked on and we are currently in the process of making it relevant to the local system in accordance with NHS England Dementia: Good Care Planning guidance.
  - Southend, Castle Point and Rochford provides a holistic Dementia Community Support offer for both people with dementia and carers; pre-diagnosis through to End of Life. Working in partnership with EPUT Dementia and Mental Health Services, Care Co-ordination Team and SWIFT ensures continuity of care.
  - A bi-monthly Carers Wellbeing Programme runs to educate carers and build coping strategies whilst increasing understanding and awareness and creating peer support.
  - Partnership between the local authority and CCG is firmly established and as mentioned above the dementia lead for the South East is a member of the Integrated Commissioning Team across Southend and CPR.
  - Next steps are to develop the SEEMS (South East Essex Memory Service) model

which will be integrated and aims to provide a single team/contact/ primary care base/ single referral/one IT system/named nurse and reduced scans and testing. A Monthly steering group has been established to implement the SEEMS model in the South East. This aligns well with the community support offer and will enable the majority of people with dementia to be diagnosed within 6 weeks from initial referral.

- Through Locality Design we are creating bespoke opportunities for those affected by dementia to access support that is right for them and at a time that is suitable. An example of this is the Guided Dementia Friendly Walks at Belfairs Woods.
- In October 2018 the dementia diagnosis rate for Castle Point and Rochford reached the national ambition of 66.7% and has continued to maintain this. Southend dementia diagnosis rates continues to exceed the target on a monthly basis. As of January 2019 the diagnosis rate for Southend is 78.9% and Castle Point and Rochford is 66.7%. Please see below charts to reflect this:



2.3 PM 2020 Challenge Commitment to *creating Dementia Friends and Dementia Friendly Communities* progress to date:

- Southend, Castle Point and Rochford Dementia Action Alliance (DAA) is thriving with 98 members and received Dementia Friendly Status in March 2016. Members include businesses, community and health organisations, GP's, Care Homes and Home Care agencies, transport and voluntary sector.
- Through the DAA we now have 12 Dementia Friendly GP surgeries across South East Essex with a further 6 nearing accreditation.
- We have created over 10,000 Dementia Friends in South East Essex and this number grows daily.
- We fully participate in #EssexDementiaDay and Dementia Awareness Week and lead on the work of the Pan Essex Dementia Action Alliance.

2.4 PM 2020 Challenge Commitment to *Medication* progress to date:

- A medication protocol has been drafted, based on recommendations in the new NICE Dementia Guideline NG97. A paper is being drafted and will be presented at the Drugs and Therapeutic Committee Meeting in March for sign off. If this is agreed the recommendations will be presented at Time to Learn. This protocol will clarify the process of prescribing dementia medication once a diagnosis has been given.

2.5 PM 2020 Challenge Commitment to *End of Life* progress to date:

- A quarterly End of Life Summit takes place across South East Essex. The focus of the June Summit will be dementia and the Integrated Dementia Team will be leading this.
- We have commissioned specific End of Life training through the Workforce Development Team at Southend Borough Council. This training is open to all social care workforce in the Southend area.

2.6 PM 2020 Challenge Commitment to *Training and Workforce* progress to date:

- The Hospital provide their own tiered training programme which is being delivered throughout the hospital.
- SBC Training programme was developed with HEE and Skills for Care. The training pathway starts with dementia friend's information session as a basic must do for all. The pathway then follows stages that represent all aspects of the care for a Person with Dementia and looks at the training needed to follow that care pathway and includes all levels of responsibilities including managers.
- Bespoke dementia training is delivered by the Dementia and Older People's Community Mental Health Manager and the Dementia Community Support Team Manager to hospital staff and departments.

2.7 PM 2020 Challenge Commitment to *Hospitals and Care Homes* progress to date:

- Dementia and Older People's Community Mental Health Manager and the Dementia Community Support Team Manager/ Commissioning Officer for Dementia attend Southend University Hospital Foundation Trust Dementia Steering Group and the hospital is working towards becoming a dementia friendly health care setting.
- A Dementia Friendly Care Home Toolkit has been created in partnership with various stakeholders . This is now being rolled out in South East Essex.
- A Dementia Friendly Dentist toolkit has been created in partnership with Public Health England and is being rolled out across South East Essex.

2.8 PM 2020 Challenge Commitment to *Schools and Colleges* progress to date:

- We are currently involved in a number of Intergenerational projects with local primary and secondary schools and local care home and day centres. Some of this work is attributed to the children's Duke of Edinburgh Award and mentor schemes.
- We are also in the process of working with our local Scout groups to create a bespoke dementia friends programme.
- We have recently been asked to provide bespoke training to the Tutors of Southend Adults Community College to help them support members of their programmes with dementia.

2.9 PM 2020 Challenge Commitment to *Assistive Technology* progress to date:

- In partnership with the Transformation Team, we have created interactive sessions using Pepper with members of our groups for people with dementia and their carers. These reminiscence sessions are themed around a particular decade and include items of memorabilia to hold and fragrances to stimulate memories.

2.10 PM 2020 Challenge Commitment to *Research* progress to date:

- The option to discuss research opportunities is included in the Care Plan and will be picked up at regular reviews.

2.11 In order to futureproof the work that we are doing we have looked into forecasted numbers of people with dementia over the coming years. The numbers below are an indicator of the number of people with dementia in Southend, Castle Point & Rochford both now and in the future:

<b>SEE World Alz Rep</b>	<b>2018</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>2025</b>	<b>2030</b>	<b>2035</b>
People aged 65-69	513	508	503	503	540	628	655
People aged 70-74	920	932	932	924	815	886	1,033
People aged 75-79	1,051	1,087	1,152	1,238	1,483	1,310	1,440
People aged 80-84	1,376	1,414	1,438	1,426	1,686	2,195	1,972
People aged 85-89	1,449	1,470	1,511	1,532	1,760	2,153	2,836
People aged 90 and over	1,669	1,709	1,791	1,832	2,157	2,727	3,582
Total population 65 and over	6,978	7,120	7,327	7,454	8,441	9,899	11,517
<b>66.7%</b>	4,654	4,749	4,887	4,972	5,630	6,602	7,682

World Alzheimer's Report, South East Essex

2.12 NICE Guidance has been recently been updated for people with dementia and their carers. This is NG97 'Dementia: assessment, management and support for people living with dementia and their carers'. Appendix two is a table that cross references NICE recommendations with current practice in both Southend and Castle Point and Rochford and identifies any gaps.

### 3. Conclusion

3.1 Within the last 12 months dementia services and support has seen significant improvement. This has been achieved through the commitment to work in partnership from colleagues and teams throughout Health and Social Care and the expansion of the Dementia Community Support Team into Castle Point and Rochford.

3.2 To continue the pace of the transformation of dementia services, we will be implementing the Integrated Care Plan and continuing with the development of the SEEMS model.

<b>Monitoring and Assurance Summary</b>	
This report links to the following Assurance Domains	<ul style="list-style-type: none"> <li>• Quality</li> <li>• Equality and Diversity</li> <li>• Engagement</li> <li>• Outcomes</li> <li>• Partnership-Working</li> </ul>
<b>Internal governance</b>	
Dementia is regularly discussed at CMT, CEC and other Stakeholder meetings.	
<b>Stakeholder and community engagement</b>	
An extensive consultation exercise took place when considering the options in regards to future dementia community support services.	



## Impact Assessments

Have you considered the implications of this report on each of the matters below, as indicated?			
	Any action required?		
	No	If action is required then:	
		Identify location of proposed action in report (paragraph number)	Identify which appropriate officer of the CCG has agreed action is sufficient
All three Domains of Quality (Safety, Quality, Patient Experience)	No		
Board Assurance Framework/ Risk Register	No		
Financial Impact	No	If proposal has financial impact, then the financial impact assessment – appended – must be completed.	
Legal/ Regulatory	No		
People/ Staff	No		
Financial/ Value for Money/ Sustainability	No		
Information Management & Technology	No		
Equality Impact Assessment	No		
Freedom of Information	No		

