

Response to PM Challenge 2020 & Post Diagnostic Support Feb 2019

PM Challenge Commitment PDS Pathway Commissioner Toolkit	Our Response
<p>Risk Reduction & Improved public awareness</p> <p>Improved public awareness and understanding of the factors, which increase the risk of developing dementia and how people can reduce their risk by living more healthily.</p> <p>Equality & Diversity Dementia pathway & Support MAS Joint Commissioning & Collaboration Dementia Friendly CCGs and Communities</p>	<p>Dementia included in Health Checks as standard. Locality awareness events throughout South East Essex Awareness raising events with Hard to Reach groups, within the Muslim, Chinese and Jewish Communities Essex Dementia Day & Dementia Action Week events and activities throughout the localities and in Southend Hospital</p>
<p>Care & Support</p> <p>In every part of the country people with dementia having equal access to diagnosis as for other conditions, with an expectation that the national average for an initial assessment should be 6 weeks following a referral from a GP (where clinically appropriate), and that no one should be waiting several months for an initial assessment of dementia.</p> <p>GP's playing a leading role in ensuring co-ordination and continuity of care for people with dementia</p> <p>GP's ensuring everyone diagnosed with dementia has a personalised care plan that covers health and care and includes their care.</p> <p>Every person diagnosed with dementia having meaningful care following diagnosis</p>	<p>The South East Dementia Steering Group (DSG) oversees dementia for the South East taking a whole system approach. The group is chaired by the GP Clinical Lead for Dementia.</p> <p>Membership includes health, social care, voluntary sector staff and clinical leads for Southend and Castle Point and Rochford (CPR) CCG. The Dementia lead for both Southend and CPR is positioned in the Integrated Commissioning Team.</p> <p>An Integrated Care Plan has been agreed and we are currently in the process of making it relevant to the local system in accordance with NHS England Dementia: Good Care Planning guidance.</p> <p>Southend, Castle Point and Rochford provides an holistic Dementia Community Support offer for both people with dementia and carers; pre-diagnosis through to End of Life. Working in partnership with EPUT Dementia and Mental</p>

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An increase in the numbers of people of Black, Asian and Minority Ethnic origin and other seldom heard groups who receive a diagnosis of dementia, enabled through greater use by health professionals of diagnostic tools that are linguistically or culturally appropriate.

Every person diagnosed with dementia having meaningful care following their diagnosis, which supports them and those around them, with meaningful care being in accordance with published National Institute for Health and Care Excellence (NICE) Quality Standards.

This care may include for example:

- receiving information on what post-diagnosis services are available locally and how these can be accessed, through for example an annual 'information prescription'.
- access to relevant advice and support to help and advise on what happens after a diagnosis and the support available through the journey.
- carers of people with dementia being made aware of and offered the opportunity for respite, education, training, emotional and psychological support so that they feel able to cope with their caring responsibilities and to have a life alongside caring.

MAS

Care Plans

Dementia Pathway & Support

Individual Choice & Control

Equality & Diversity

IAPT

Advanced Care Planning

Health Services, Care Co-ordination Team and SWIFT ensures continuity of care.

We run a bi-monthly Carers Wellbeing Programme to educate carers and build coping strategies whilst increasing understanding and awareness and creating peer support.

Partnership between both the local authority and CCG is firmly established and as mentioned above the dementia lead for the South East is a member of the Integrated Commissioning Team across Southend and CPR.

Next steps are to develop the SEEMS (South East Essex Memory Service) model which will be integrated and aims to provide a single team/contact/ primary care base/ single referral/one IT system/named nurse and reduced scans and testing. A Monthly steering group has been established to implement the SEEMs model in the South East. This aligns well with the community support offer.

Through Locality Design we are creating bespoke opportunities for those affected by dementia to access support that right for them and a time that is suitable. An example of this are the Guided Dementia Friendly Walks at Belfairs Woods.

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Joint Commissioning & Collaboration	
<p>Dementia Friends & DFC's</p> <p>More employers having carer friendly policies and practice enabling more carers to continue working and caring.</p> <p>Increased numbers of people with dementia being able to live longer in their own homes when it is in their interests to do so, with a greater focus on independent living.</p> <p>Fewer people with dementia being inappropriately admitted to hospital as an emergency through better provision of support in community settings, which enables people to live independently for longer.</p> <p>National and local government taking a leadership role with all government departments and public sector organisations becoming dementia friendly and all tiers of local government being part of a local DAA</p> <p>All businesses encouraged and supported to become dementia friendly, with all industry sectors developing Dementia Friendly Charters and working with business leaders to make individual commitments (especially but not exclusively FTSE 500 companies). All employers with formal induction programmes invited to include dementia awareness training within these programmes.</p> <p>Greater involvement of people with dementia and carers in the development of dementia friendly communities.</p> <p>Increasing involvement of voluntary and civil society organisations in local Dementia Action Alliances to support</p>	<p>Southend, Castle Point and Rochford Dementia Action Alliance (DAA) is thriving with 98 members and received Dementia Friendly Status in March 2016. Members include businesses, community and health organisations, GP's, Care Homes and Home Care agencies, transport and voluntary sector.</p> <p>Through the DAA we now have 12 Dementia Friendly GP surgeries across South East Essex with a further 6 nearing accreditation.</p> <p>We have created over 10,000 Dementia Friends in South East Essex and this number grows daily.</p> <p>We fully participate in #EssexDementiaDay and Dementia Awareness Week and lead on the work of the Pan Essex Dementia Action Alliance.</p>

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<p>communities at a local level</p> <p>More employers having carer friendly policies and practice enabling more carers to continue working and caring.</p> <p>Dementia Friendly CCG's and Communities Individual Choice & Control Equality & Diversity Joint Commissioning & Collaboration</p>	
<p>Medication</p> <p>A continued significant reduction in the inappropriate prescribing of antipsychotic medication for people with dementia and less variation across the country in prescribing levels.</p> <p>When the person's needs are complex, that there is skilled assessment and care available so that the person is not disabled or harmed by inappropriate care or prescribed inappropriate medication.</p> <p>Pharmacological Interventions Care Plans</p>	<p>A medication protocol has been drafted, based on recommendations in the new NICE Dementia Guideline NG97. A paper is being drafted and will be presented at the Drugs and Therapeutic Committee Meeting in March for sign off. If this is agreed the recommendations will be presented at Time to Learn. This protocol will clarify the process of prescribing dementia medication once a diagnosis has been given.</p>
<p>End of Life</p> <p>All people with a diagnosis of dementia being given the opportunity for advanced care planning early in the course of their illness, including plans for end of life.</p> <p>All people with dementia and their carers receiving co-ordinated, compassionate and person-centred care towards and</p>	<p>A quarterly End Of Life Summit takes place across South East Essex. The focus of the June Summit will be dementia and the Integrated Dementia Team will be leading this.</p> <p>We have commissioned specific End of Life training through the Workforce Development Team at Southend Borough Council. This training is open to all social care workforce in Southend.</p>

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<p>at the end of life including access to high quality palliative care from health and social care staff trained in dementia and end of life, as well as bereavement support for carers</p> <p>A right to stay for relatives when a person with dementia is nearing the end of their life, either in hospital or in the care home.</p> <p>Joint Commissioning & Collaboration Care Plans Advanced Care Planning Equality and Diversity Individual Choice and Control IAPT & Access to Psychological Therapy & Psychological Support</p>	<p>There is a work stream for End of Life as part of the Dementia Steering Group.</p>
<p>Training & Workforce</p> <p>All NHS staff having received training on dementia appropriate to their role. Newly appointed healthcare assistants and social care workers undergoing training as part of the Care Certificate</p> <p>All relevant health and care staff who care for people with dementia being educated about why challenging behaviours can occur and how to most effectively manage these.</p> <p>An expectation that social care providers provide appropriate training to all other relevant staff.</p> <p>Joint Commissioning & Collaboration Dementia Friendly CCGs and Communities Equality and Diversity People residing in Care Homes</p>	<p>The Hospital provides their own tiered training programme which is being delivered throughout the hospital.</p> <p>SBC Training programme was developed with HEE and Skills for Care. The training pathway starts with dementia friends information session as a basic must do for all. The pathway then follows stages that represent all aspects of the care for a Person with Dementia and looks at the training needed to follow that care pathway and includes all levels of responsibilities including managers.</p> <p>Bespoke dementia training is delivered by the Dementia and Older People's Community Mental Health Manager and the Dementia Community Support Team Manager to hospital staff and departments.</p>

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<p>Hospitals & Care Homes</p> <p>All hospitals and care homes meeting agreed criteria to becoming a dementia-friendly health and care setting</p> <p>People residing in Care Homes Dementia Friendly CCGs and Communities</p>	<p>Dementia and Older People's Community Mental Health Manager and the Dementia Community Support Team Manager/Commissioning Officer for Dementia attend Southend University Hospital Foundation Trust Dementia Steering Group and the hospital is working towards becoming a dementia friendly health care setting.</p> <p>Dementia Friendly Care Home Toolkit has been created in partnership with the Contracts Manager and local care homes. This is now being rolled out in South East Essex.</p> <p>A Dementia Friendly Dentist toolkit has been created in partnership with Public Health England and is being rolled out across South East Essex.</p>
<p>Schools & Colleges</p> <p>All primary and secondary schools being encouraged to include dementia awareness in their work programmes leading to the creation of a dementia-friendly generation and all Further Education Colleges and Universities being encouraged to include dementia awareness in their work programmes.</p> <p>Dementia Friendly CCGs and Communities</p>	<p>We are currently involved in a number of Intergenerational projects with local primary and secondary schools and local care home and day centres. Some of this work is attributed to the children's Duke of Edinburgh Award and mentor schemes.</p> <p>We are also in the process of working with our local Scout groups to create a bespoke dementia friends programme.</p> <p>We have just been asked to provide bespoke training to the Tutors of Southend Adults Community College to help them support members of their programmes with dementia.</p>
<p>Assistive Technology</p> <p>Dementia Pathway & Support Individual Choice & Control</p>	<p>In partnership with the Transformation Team, we have created interactive sessions using Pepper with members of our groups for people with dementia and their carers. These reminiscence sessions are themed around a particular decade</p>

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Equality & Diversity	and include items of memorabilia to hold and fragrances to stimulate memories.
Research	The option to discuss research opportunities is included in the Care Plan and will be picked up at regular reviews.
Individual Choice & Control Equality & Diversity	