

FOI Request: IAPT Service  
Our Reference Number: 1314248

- 1. In the first quarter of 2013-14 (i.e. 1st April to 30th June 2013) how many sessions of high intensity (step 3) level interventions did the IAPT service which the CCG commissions deliver in total?**
- 2. Of these, how many were sessions of Behavioural Couples Therapy (also known as Couple Therapy for Depression)?**
- 3. What is the waiting time for someone who is referred for Behavioural Couples Therapy (also known as Couple Therapy for Depression)?**
- 4. What is the waiting time for someone who is referred for Cognitive Behavioural Therapy (as a high intensity/step 3 level intervention)?**

Southend CCG– We do not hold this information. This information may be available from the provider of the IAPT service, South Essex Partnership University NHS Foundation Trust.

Information on how to submit a FOI request to them is available here:

<http://www.sept.nhs.uk/Corporate/FOI.aspx>