

Regarding the Government's Talking therapies: A four-year plan of action (aimed at widening the Improving Access to Psychological Therapies (IAPT) programme):

1. How much funding are you allocating for IAPT per head of population this year?

We do not hold this information. IAPT is one of a number of services funded through a block contract with South Essex Partnership University NHS Foundation Trust and cannot be separated out.

2. Are GPs able to refer the following groups of patients to IAPT services in your area?

- **Patients with depression or anxiety disorders**
- **Elderly patients (over 65 years) with depression and/or anxiety**
- **Patients with long-term conditions**
- **Patients with medically unexplained symptoms**
- **Children and young people with depression, anxiety and conduct disorders**
- **Patients with severe mental illness**
- **Carers with depression and anxiety**

Yes to all, except Children and young people with depression, anxiety and conduct disorders. GPs cannot refer patients under 18 to IAPT services.

3. What are the waiting times from referral to first IAPT session for each of the above groups?

We do not hold this information. This information may be available from South Essex Partnership. Information on how to submit a FOI request to them is available here:

<http://www.sept.nhs.uk/Corporate/FOI.aspx>

4. How many patients in these groups were referred to IAPT services in 2011/2012, how many in 2012/2013 and how many have been referred so far this year?

Of these patients:

- **How many started therapy?**
- **How many completed therapy?**
- **How many have been referred back to IAPT services after attending IAPT?**
- **How many have been referred back to IAPT services after completing IAPT?**

We do not hold this information broken down into the categories requested. This information may be available from South Essex Partnership. Information on how to submit a FOI request to them is available here: <http://www.sept.nhs.uk/Corporate/FOI.aspx>

5. How many trained CBT workers (high-intensity therapists and psychological wellbeing practitioners) are currently employed in IAPT services in your area? How many need to be recruited and trained to reach full capacity by the end of 2014/2015?

We do not hold this information. This information may be available from South Essex Partnership. Information on how to submit a FOI request to them is available here:

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