

Please tick any areas of healthcare and/or communities that you have a particular interest in:

**Healthcare:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> African                        | <input type="checkbox"/> Gender                                   | <input type="checkbox"/> Pakistani  |
| <input type="checkbox"/> African Caribbean              | <input type="checkbox"/> Gypsies & travellers                     | <input type="checkbox"/> Patient experience                                     |
| <input type="checkbox"/> Asian                          | <input type="checkbox"/> Health inequalities                      | <input type="checkbox"/> Polish   |
| <input type="checkbox"/> Asylum seekers & refugees      | <input type="checkbox"/> Healthy lifestyle, exercise, eating well | <input type="checkbox"/> Prisoners, ex-offenders                                |
| <input type="checkbox"/> Bangladeshi                    | <input type="checkbox"/> Heart, coronary, cardiovascular          | <input type="checkbox"/> Rehabilitation intermediate care                       |
| <input type="checkbox"/> BME, black & ethnic minorities | <input type="checkbox"/> Homeless                                 | <input type="checkbox"/> Religion & belief                                      |
| <input type="checkbox"/> Cancer                         | <input type="checkbox"/> Hospitals                                | <input type="checkbox"/> Rural communities                                      |
| <input type="checkbox"/> Children and young people      | <input type="checkbox"/> Indian                                   | <input type="checkbox"/> Sex workers  |
| <input type="checkbox"/> Chinese                        | <input type="checkbox"/> Iranian                                  | <input type="checkbox"/> Sexual health  |
| <input type="checkbox"/> Clinical safety                | <input type="checkbox"/> Kurdish                                  | <input type="checkbox"/> Smoking and quitting                                   |
| <input type="checkbox"/> Communities, family carers     | <input type="checkbox"/> Learning disabilities                    | <input type="checkbox"/> Social care—how healthcare is linked to other services |
| <input type="checkbox"/> Dementia                       | <input type="checkbox"/> Lesbian, gay, bisexual, transgender      | <input type="checkbox"/> Stroke   |
| <input type="checkbox"/> Diabetes                       | <input type="checkbox"/> Maternity                                | <input type="checkbox"/> Substance misuse                                       |
| <input type="checkbox"/> Disabilities                   | <input type="checkbox"/> Mental health psychological              | <input type="checkbox"/> Wellbeing, children & young people                     |
| <input type="checkbox"/> Domiciliary healthcare at home | <input type="checkbox"/> Migrant workers                          | <input type="checkbox"/> <i>Other, please state: _____</i>                      |
| <input type="checkbox"/> Emergency care, ambulance, A&E | <input type="checkbox"/> Older people                             |   |
| <input type="checkbox"/> End of life                    | <input type="checkbox"/> Out of hours services                    |   |
| <input type="checkbox"/> Family carers                  |   |   |

**Get in touch...**

Is there anything else you would like to tell us about your individual interests in health and healthcare? Please do not hesitate to get in touch:

NHS Southend CCG, Suffolk House, 102-104 Baxter Avenue, Southend on Sea. SS2 6HZ Tel: 01702 314299

Email: [sccg.communications@nhs.net](mailto:sccg.communications@nhs.net)

Website: [www.southendccg.nhs.uk](http://www.southendccg.nhs.uk) Follow us: @southendccg



**Southend**

**Clinical Commissioning Group**

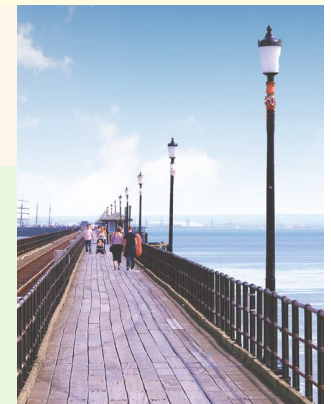
**Your NHS, your say  
get involved**



**Are you interested in how NHS healthcare services are run in your area?**

**Would you like to have a say in health issues that matter most to you?**

**NHS Southend Clinical Commissioning Group wants to ensure local people have a say in local health services.**



**Let's make a difference, together.**

If you require any part of this leaflet in an alternative format, such as large print or alternate language please contact us (details on back page).

## NHS Southend Clinical Commissioning Group

NHS Southend Clinical Commissioning Group (CCG) is a membership organisation formed from 36 GP practices. The CCG is responsible for:

- ensuring quality NHS services for around 185,000 people living in Southend-on-Sea
- developing services with patients for the benefit of patients
- working in partnership with Southend-on-Sea Borough Council and other healthcare partners
- using our clinical knowledge to help us to plan, develop and buy good quality health services specifically for the people of Southend-on-Sea
- managing the local health budget for Southend-on-Sea

### Our vision:

Personalisation, integration and “right care, first time”.

## Do you care about how your healthcare is provided?

Your views and experiences are important to us and we want to hear from you.

This is **your** chance to tell us your views and help influence how we commission health services.

You will be able to help us to understand the needs of our population, from all different backgrounds and help us to improve services.

### There are many exciting opportunities to get involved.

It is only with the help of our local community that we will be able to make sure we put our patients at the heart of our organisation. By working together we will aim to continuously improve communication and the quality, clarity and range of information we provide.

You can also ask your GP practice about joining their patient participation group.

## How to get involved

Please complete this form and return to us at: FREEPOST RTBZ-GAKR-AECG, NHS Southend CCG, Suffolk House, 102-104 Baxter Avenue, Southend SS2 6HZ

It is free to join and you can choose how much you would like to be involved. Please tick the level of involvement you would like to have:

<b>Level 1</b> – General interest – receive updates and information	<input type="checkbox"/>
<b>Level 2</b> – Focus group - happy to be consulted with different topics, surveys and projects of interest to you	<input type="checkbox"/>
<b>Level 3</b> – Regularly involved in projects and invited to attend our meetings	<input type="checkbox"/>
I am also interested in joining the CCG’s patient and public engagement and involvement steering group	<input type="checkbox"/>

<b>Name:</b>	
<b>Address:</b>	
<b>Phone:</b>	
<b>Email:</b>	
<i>If you are joining on behalf of a group or organisation, please also tell us:</i>	
<b>Name of Group:</b>	
<b>Name of Contact:</b>	

Please note your details will only be used by NHS Southend CCG for the purposes you have ticked above, and will not be passed on to any other organisations.