

BNF CHAPTER

MISCELLANEOUS ACCESSORIES

PRESCRIBING TIPS

When prescribing

- **avoid issuing retrospective prescriptions to ALL appliance dispensers.**
- **stoma products should be prescribed only after receiving a letter from stoma nurses** *as patients who have a stoma receive a lot of publicity material and may ask the delivery company for items which may not be appropriate or necessary*
- **include full details of product required**
- **avoid the term 'original pack' (OP)** *as pack sizes often differ between products and patients may receive inappropriate amounts if the actual quantity is not stated.*
- **always prescribe the smallest amount required to avoid wastage.**
- **please refer to average quantities outlined in this document .**

SKIN PROTECTORS AND FILLERS

BARRIER CREAMS

Cutimed Protect offers an alternative to Cavilon barrier cream with the added benefit of a 96 hour protection; it is also non-adherent and would not block pores. Sudocrem tends to block pores in incontinence pads hence reducing its absorbent properties

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Sudocrem	
2nd Line	BSN Cutimed Protect	28g or 90g It is more cost effective to prescribe 90g, maximum 2 tubes a month

BARRIER FILM WIPES

Barrier wipes are only to be prescribed as acute prescriptions for short term use, they should be stopped once problem has resolved. Preventox wipes contain alcohol and might not be suitable for patients with sore or broken skin.

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Skin M.Sauer Preventox Protecting Film Wipes	50 individually packed wipes 1 pack a month One wipe per change
2 nd Line	Peri-Prep sensitive protective film wipes (non sting)	30 wipes One wipe per change. 30 wipes per 30 bags etc.

BARRIER FILM SPRAYS

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	BSN Cutimed Protect film spray (non-sting)	1x28ml. One per month, maximum two packets

BARRIER FILM FOAM APPLICATORS

Although available in 3ml, prescribing the 1ml applicators will reduce waste. This waste has been demonstrated by a stoma nurse practitioner.

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Peri-Prep Sensitive no sting foam applicators	6x5x 1 ml per month. This is based on one per pouch i.e. 30 for 30 pouches
2 nd Line	BSN Cutimed foam applicators	6x5x 1 ml per month. This is based on one per pouch i.e. 30 for 30 pouches

ADHESIVE REMOVER SPRAYS:

Non-sting adhesive removers should be used for patients with sore or very sensitive skin.

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Peel-Easy Adhesive Remover spray (non- sting)	1x50ml One per month, maximum two packets
2 nd Line	Wipe-Away adhesive remover spray	1x50ml One per month maximum two packets
3 rd line	Ostoclear Adhesive Remover spray	100ml

ADHESIVE REMOVER WIPES

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Ostoclear Adhesive remover wipes	One per bag change, i.e. patients on 30 bags should be prescribed 1 box of 30
2nd Line	Peel Easy Adhesive remover wipes (non-sting)	One per bag change, i.e. patients on 30 bags should be prescribed 1 box of 30

DEODORANTS

Not routinely recommended by stoma nurses. Deodorants should not be necessary if patients have good stoma hygiene. A cosmetic body spray can be equally effective. If bags are fitted correctly, no odour should be apparent except when bag is emptied or changed.

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Patients' Own Personal Deodorant Spray or Patients' own Neutrodol.	These deodorants are sprayed into the air, to reduce or mask unpleasant odours whilst emptying bag
2 nd Line	Shelter Deodorant spray	One per month
3 rd Line	Ostomart odour neutralizing drops available in different fragrances	1x 50ml.

ADHESIVE DISCS*RINGS*PLASTERS

Ostofix security tapes are gentle cushioned adhesive tapes used for added security in any situation; these tapes are a very cost effective option compared to **Ostofix forty** or Ostofix **eighty security frames**, which are adhesive tapes available as pre-cut rounded strips at up to 4x the cost of ostofix security tape

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	OstoFix Flange security tapes 2.5cmx10cm pack of 100 5cm x10cm pack of 100	One pack of 100
2 nd Line	Salts secuplast hydro	One pack of 30

LUBRICATING ODOUR NEUTRALISER/DEODORANT

These help prevent pouches from being static and sticky something commonly known as pancaking Lubricating deodorants make it easier to empty pouches

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Adapt Lubricating deodorant sachets (Hollister)	1 per bag

OSTOMY POWDERS

These powders help to seal moist and excoriated skin .They also promote stoma adhesion and help prevent leakage from pouches

Choice	Cost effective product	Recommended monthly quantity/comments
1 st Line	Coloplast Brava Ostomy Powder	One pack of 25g
2 nd Line	Ostomart ostoseal protective powder	One pack of 25g

SKIN RINSES-CLEANSERS –CLEANSNG GELS- SKIN LOTION CLEANSERS

Generally, just water is recommended for cleaning the peristomal skin, but these products can be used when washing facilities are not required or are unavailable. Ostoclenz and Ostagel skin cleansers are very cost effective options compared to **Dansac** skin lotion cleanser.

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	Ostoclenz no rinse skin cleansing gel x100ml	One pack per month
2 nd Line	Ostagel skin cleanser x100ml or Ostagel segura cleanser x200ml	One pack per month

DISCHARGE SOLIDIFYING AGENTS:

These agents help to solidify loose waste into gel and should only be used when necessary; diarrhoea should be managed with the use of occasional Loperamide and a review of the patients' diet and medications.

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	Oakmed Gel-X capsules or tablets	1x140

OSTOMY BELTS:

These clip onto the side of some stoma pouches/convex pouches to provide extra support and security.

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	Dansac standard beige belt for 100cm or 150cm dansac pouches	2 belts per annum
2 nd Line	Pelican ostomy belt for pelican pouches	2 belts per annum

FILTERS AND BRIDGES STOMA

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	OPUS Clear way bridge <i>Also available in mini</i>	ONE filter or bridge per bag

COLOSTOMY BAG COVERS:

Stoma bag covers can be washed and reused many times.

Choice	Cost effective product	Usual monthly quantity/comments
1 st Line	Cover care pouch covers (3 in a pack)	Maximum two packs a year

STOMA UNDERWEAR- Girdles, Boxer shorts, Panties & Vests:

These are not necessary and should **NOT** be prescribed unless a patient develops a peristomal hernia. Requests for stoma support should come directly from the STOMA team following assessment.

If these products are required, the OstoMart brand is the most cost-effective.

Cool Comfort Unisex Light Control Support Garment

Belt

Black	Small/Medium	CCWBB S/M 3 2071
	Large/XLarge	CCWBB L/XL 3 2071
	XXLarge/XXXLarge	CCWBB XXL/XXXL 3 2071
Nude	Small/Medium	CCWBN S/M 3 2071
	Large/XLarge	CCWBN L/XL 3 2071
	XXLarge/XXXLarge	CCWBN XXL/XXXL 3 2071
White	Small/Medium	CCWBW S/M 3 2071
	Large/XLarge	CCWBW L/XL 3 2071
	XXLarge/XXXLarge	CCWBW XXL/XXXL 3 2071

Brief

Black	Small/Medium	CCPBB S/M 3 3520
	Large/XLarge	CCPBB L/XL 3 3520
	XXLarge/XXXLarge	CCPBB XXL/XXXL 3 3520
Nude	Small/Medium	CCPBN S/M 3 3520
	Large/XLarge	CCPBN L/XL 3 3520
	XXLarge/XXXLarge	CCPBN XXL/XXXL 3 3520
White	Small/Medium	CCPBW S/M 3 3520

	Large/XLarge	CCPBW L/XL 3 3520
	XXLarge/XXXLarge	CCPBW XXL/XXXL 3 3520
Boxer		
Black	Small/Medium	CCBXB S/M 3 3313
	Large/XLarge	CCBXB L/XL 3 3313
	XXLarge/XXXLarge	CCBXB XXL/XXXL 3 3313
Nude	Small/Medium	CCBXN S/M 3 3313
	Large/XLarge	CCBXN L/XL 3 3313
	XXLarge/XXXLarge	CCBXN XXL/XXXL 3 3313
White	Small/Medium	CCBXW S/M 3 3313
	Large/XLarge	CCBXW L/XL 3 3313
	XXLarge/XXXLarge	CCBXW XXL/XXXL 3 3313
Ostoshield (belt required)		Res50 1 690
Ostoshield Belt Small/Medium only for use with Res 50 - Ostoshield		Res40 1 356
Ostoshield Belt Large/Extra Large Only for use with Res 50 - Ostoshield		Res45 1 356